

The many rivers and tributaries of Belize offer an enchanting mixture of jungle scenery and peaceful village life to experienced veterans, novice paddlers, or competitive racers.



Guided tours, adventure packages, day trips, overnight expeditions, and annual races take advantage of the ceaseless movement of the rivers and are easily accessible. Although not all rivers lend themselves to easy travel, certain waterways have established themselves as the premier routes for paddling travelers.

Tour companies and jungle lodges also cater to canoe adventurers with some of the best areas to canoe being on Mopan and Macal Rivers in the Cayo District.