

### **With your safety as our first priority, your dive will be unforgettable.**

- For any marine activity good physical condition is recommended.
- Alcohol and diving don't mix so be sure to limit alcoholic intake the night before and the day of diving.
- You may bring your own snorkel and diving equipment for a perfect fit. However, dive shops will rent mask, snorkel, and fins.
- Ask about the experience of your tour guide or qualification of your dive instructor before any commitments.
- Bring along a waterproof camera as proof that you did see all that fish and coral.

### **Dive Cards and Certification**

- Already certified? - Bring your C card
- For open water certification - bring the paperwork from your previous training
- For full certification you will need about a week - be prepared to read the dive manuals and attend classes daily
- Never dove before? - Try a Resort Course which will teach you to use the equipment in safe and supervised depths of no more than 20-30 feet.

### **Equipment**

- Most dive shops have all the gear you need but you can expect equipment rental to average for:
  - Mask, snorkel and fins: US\$6- \$8
  - Regulator and BC: \$approx. \$7.50 each
- If you wear glasses or have prescription lens in your mask, be sure to bring a mask with your prescription before leaving home as this service is not currently available in Belize.